

# Admissions

★ S.T.A.R. is appropriate for individuals who meet the following criteria:

- 7-18 years of age
- Mental Health Diagnosis
- Experiencing Difficulty
- Require Immediate Care
- Transportation Available

## Directions:

*From the East:* Take Route 80W to Exit 111, Penfield. Continue on Route 153, then Route 219 North. At the Bradford Bypass take the Foster Brook exit, turn left and continue approx 1/2 mile. Turn right onto First Street.

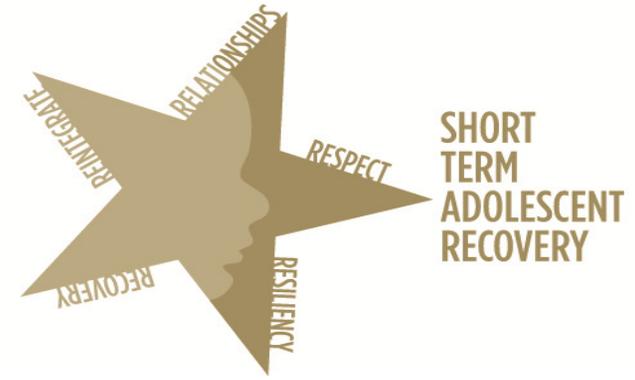
*From the South:* Take Route 219 North. At the Bradford Bypass take the Foster Brook exit, turn left and continue approx 1/2 mile. Turn right onto First Street.

*From the West:* Take Route 79N to 86E. Exit to 219S. At the Bradford Bypass take the Foster Brook exit, turn left and continue approx 1/2 mile. Turn right onto First Street.

Beacon Light Behavioral Health Systems  
is accredited by the  
**Joint Commission on Accreditation of  
Healthcare Organizations.**



Short Term Adolescent Recovery (S.T.A.R.)  
800 East Main Street  
Bradford, PA 16701



*A non-hospital based option for*

**Family Focused  
Immediate Admission  
24 - Hour Nursing  
Transportation Available  
Psychiatric Care**



**800 East Main Street  
Bradford, PA 16701**

**1-800-345-1780**

*A service of*



**BEACON LIGHT**  
BEHAVIORAL HEALTH SYSTEMS

## Short Term Adolescent Recovery

The Short-Term Adolescent Recovery (S.T.A.R.) program is a short-term, therapeutic, residential treatment program designed to meet the needs of youth and families in crisis, or those experiencing an exacerbation of mental health symptoms. Intensive services, including weekly to twice weekly psychiatric care, 24 hour nursing care, onsite education, and individual, group and family therapies are provided in a safe, semi-secure setting, with the intention of reducing the need for inpatient hospitalization or lengthy residential placement. In addition, the program simultaneously focuses on providing service to families in order to strengthen supports in the home environment allowing for a successful transition back to the home and community upon stabilization.

### Philosophy

The core component of the treatment philosophy is that youth are best served through a return to their community as rapidly and safely as possible. The S.T.A.R. program supports recovery through provision of services as close to home as possible. By building on the individual's and family's existing strengths and assets, the program works to enhance the individual's informal supports found among family members, school, friends, community, and others close to the client. Clinical interventions are designed to emphasize developmentally appropriate experiences, thereby reducing psychiatric symptoms.

### Goals

The goal of S.T.A.R. is to meet the immediate needs of youth in crisis, while providing support to families. The program is available 24 hours a day, seven days a week, with transportation available as-needed to ensure safety during an acute crisis situation. Family and stakeholder participation is encouraged, with regularly scheduled meetings conducted in an open, inclusive manner. Treatments and interventions are transparent to clients, families and community supports to assist in progress towards discharge. Lengths of stay are anticipated to be between 30 and 90 days, with more complex symptoms and situations extending beyond this range, and less severe situations resulting in a shorter stay. Stabilization through responsible medication management, intensive therapeutic interventions and frequent family involvement remains the program objective regardless of the specific circumstances.

## How do I make a referral???

For questions regarding admissions:

### Short Term Adolescent Recovery

800 East Main Street  
Bradford, PA 16701  
Phone: 1-800-345-1780  
Fax: 1-814-362-5263



**1-800-345-1780**